## <u>PURPOSE SCHOOL'S PEANUT/NUT SAFE SNACK LIST</u> School year 2020-2021

Please read label carefully to make sure the products are nut free. This includes labels that read "May contain traces of peanut/nuts". Thank you for your consideration and support in keeping all Purpose School children safe. Items must be brought in the original packaging so that teachers may do a final check for allergens. No homemade items allowed. Be careful and read labels when packing school lunch as well.

The school's daily snack is student choice of 4 crackers (graham crackers, saltines, Ritz, or pretzels might be offered) and as much water as wanted. The list below is used for Birthday celebrations and holiday parties.

## Healthy Snack fruits/vegetables

- Fruit prepackaged cans/cups (apple, orange, pears, clementine's, strawberries)
- Applesauce cups
- Fresh vegetables in store prepared bags (baby carrots, celery sticks)
- Whole Fresh Fruit- to be cut at school

## **Popsicles**

- Nestle Outshine Fruit bars
- Popscile Brand scribbles or mighty minis, fire cracker
- Dole Fruit Bars- variety pack
- Popsicle Brand- Philly Swirl- Swirl Stix
- Cheese/Dairy
- Hoodsies Brand only ice cream cups
- String cheese or other packaged cheese
- Swiss Miss Hot Chocolate
- New unopened Butter
- New unopened Cream Cheese

## Crackers and Snacks

- Crackers: Plain Wheat Thins, Ritz, Saltine and Graham Crackers
- Cheez-its, Pepperidge Farm Goldfish Crackers
- Nabisco Teddy Grahams, Chips Ahoy Chocolate Chip Cookies, Nabisco Plain Oreos, Keebler Vanilla Wafers
- Pretzels-(Rold Gold, Bachman, Snyder and Utz)
- Cereals: Plain Cheerios, Cinnamon Toast Crunch, Corn Chex, Froot Loops
- Nutri Grain Bars- blueberry, apple, and strawberry
- Plain Bagels- (mini or full sized)- Lender's, Thomas, Stop and Shop brand
- New unopened grape jelly
- Plain Rice Krispie treats- store bought only
- Air popped popcorn plain
- Pirate's Booty
- Smartfood popcorn, Skinny pop popcorn